



UPMC announced plans for UPMC Presbyterian in 2017 as one of three new construction projects to be built within Pittsburgh. The tower's design captures UPMC's vision for providing an exceptional environment in which to deliver a quality focused patient experience while connecting patients, staff, and visitors to nature and to the neighborhood.

**With patient experience at the center of this design and all that UPMC will do, the new hospital will:**

- Have all private patient rooms leveraging progressive technology designed to enhance patient care in a healing setting.
- Unite UPMC's world-renowned clinical expertise for a full range of medical and surgical services, including signature programs for transplant, heart and vascular, and neurological care.
- Provide the latest technology to connect patients, their families, and the clinical team across facilities in real time with digital face-to-face consultations to meet critical needs.

## BY THE NUMBERS

**636**  
private  
rooms

**450**  
adjacent  
parking  
spaces

**12**  
operating  
rooms

**17-story**  
inpatient  
tower

## FUNDING SPOTLIGHTS



To learn more about the UPMC Presbyterian Tower and associated funding opportunities, please contact Jennifer Gabler at [gablerj3@upmc.edu](mailto:gablerj3@upmc.edu).

# PRIORITIES IN PROGRESS

## FITNESS CENTER

The fitness center is an accessible family-centric space to support family members' physical well-being.

We found that 22 percent of respondents to our family questionnaire said they often or sometimes exercised. Many people view exercise as a form of self-care. While 90 percent of family members said that self-care was very or somewhat important, 66 percent of family members said they practiced self-care only when they could fit it in. When family members have easy access to a fitness center, they are more likely to take time away from their life and their work schedule to maintain well-being. Family members expressed interest in exercising in a nearby space on the hospital campus.

But family members didn't have an on-campus spot dedicated to fitness. Getting to an off-campus gym, park, or recreation center took time away from patient care and could be a hassle or simply take more time than allotted for a break. The Lifestyle Village fitness center is only steps away from family areas and patient rooms, meaning those people will be more motivated to exercise and keep moving.

The family fitness center is a daylight-filled space where bikes and treadmills overlook the community. Accessible lockers, cubbies, weights, yoga mats, and stretching equipment are located at various heights for those using mobility support (walkers, canes, and wheelchairs). In addition, a closed shower room and bathroom are located with accessibility and safety at the forefront of door placement and hardware design.

Family members also expressed interest in the fitness center shower stalls. Those who had sat with patients for long periods of time without leaving the hospital often welcomed the chance to shower. To freshen up while remaining nearby, family members could shower in the fitness center's facilities—even if they haven't worked out—rather than in their loved ones' inpatient room.

